

Instructions following your TUR or Catheter Placement

If your catheter is IN you will have:

Bloody urine and clots in the bag, blood around the tip of your penis, an occasional intense urge to urinate or spasm of the bladder associated with leakage of urine around the catheter.

If your catheter is OUT you may have:

Burning with urination, an urgency to urinate frequently, bloody urine and small blood clots from time to time and blood dripping from the tip of your penis, particularly before or after urination.

Medications I may prescribe:

Proscar or Avodart: One daily until current bottle is empty

Antibiotic: _____

Pyridium: _____

Ditropan XL: _____

Detrol LA: _____

Prosed DS: _____

Tylenol 650 mg: used every four hours as needed or around the clock

Narcotic Analgesia: _____

Do not take Tylenol or acetaminophen with Percocet or alcohol!

NO NSAID's (Aspirin, Motrin, Advil, ibuprofen, Aleve or naprasyn)

Neosporin or other antibiotic ointment to the tip of penis 3 times daily

Because your prostate is a raw from the recent surgery, or the irritation of the catheter, it is possible that you could bleed enough to return to the operating room for cauterization. Therefore please:

NO aspirin or "NSAIDs" for example: Advil, Motrin, Ibuprofen, Naprosyn, Aleve or Vitamin E

Sit on something soft (like a couch or recliner)

No straining or lifting anything more than 10 pounds

Do NOT drive a car or lawn mower for 10 days following surgery
Or until the catheter is removed unless otherwise counseled

No aggressive physical activity for _____

You may:

Shower
Walk outside, up and down stairs Eat
whatever you like

You will likely develop constipation and I recommend the following "over the counter" remedies:

Pericolace: I pill two times daily
Ducolax suppositories: one suppository in the morning
Senekot: as directed on label
Colace or Metamucil
Fleet enema: as directed on label

If you have a catheter in place it may occlude. Please irrigate it with water using a syringe or -turkey baster". If flow does not resume call my office.

Call my office if you develop a fever over 101.5°F. can not urinate, symptoms of worsening burning or urgency to urinate or a dramatic increase in blood in the urine.

Prosperity office. (703) 208-4200 _____

LIFE THREATENING EMERGENCY: CALL 911