

You and your STENT

You have a thin rubber tube called a "stent" inside your body. This tube runs from your kidney to your bladder through your ureter. It allows urine to flow freely past any blockages in the ureter. You cannot see the stent. However, you likely will be aware of its presence. (Why? Your bladder only appreciates being full or empty. While the stent is in your bladder, rubbing the inside skin of your bladder, your bladder will sense the irritations and be fooled into thinking that it is full of urine.)

THE STENT IS LIKELY TO CAUSE THE FOLLOWING:

Burning with urination

Urgency to urinate frequently

Pain in your back when your bladder is full and when you urinate

Bloody urine and small blood clots from time to time

THESE SYMPTOMS ARE COMMON

Medications I may prescribe:

Macrobid 100 mg : _____

Antibiotic: _____

Pyridium 200 mg: _____

Ditropan XL: _____

Prosed DS: _____

Analgesia (non narcotic) Tylenol (acetaminophen) 650mg every four hours
(Do NOT take Tylenol or acetaminophen with Percocet or alcohol!)

Narcotic analgesia: _____

EVEN WITH STENT IN PLACE YOU ARE ALLOWED TO:

- Shower
- Walk outside, walk up and down stairs
- Exercise if you are comfortable
- Eat whatever you like

You may develop constipation and I recommend the following "over the counter remedies:

- Pericolace: I pill two times daily
- Dulcolax suppositories: one suppository in the morning
- Senekot: as directed on label
- Colace or Metamucil
- Fleet enema: as directed on label

Call my office if you develop a fever over 101.5°F, can not urinate, symptoms of worsening burning or urgency to urinate or a dramatic increase in blood in the urine.

You will need to schedule a time to have your stint removed. Please call my office and schedule a "**cysto and stent removal**". The stent removal is NOT painful.

Prosperity office (703) 208-4200 _____